



# THE RIDGE

AT GRANDVIEW

700 Corporate Ridge • Birmingham, AL 35242 • 205-236-7534

## Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans.

## Homograph Humor

Homographs are words that are spelled the same but mean very different things. Share these head scratchers with your neighbors and friends.

The guests had a ball dancing at the ball to raise money for local ball.

The author opened the window, and a strong draft scattered her final draft.

It's not fair that your fair skin may burn at the state fair.

A seasoned chef will season the stew with the spices of the season.

It will suit the attorney to wear his best suit while filing suit.

We have only a short window to open the window.

## The Gift of 'Grands'

Recognizing the importance of the bonds between generations, Grandparents Day honors the gifts that grandparents and grandfriends bring to families and communities. Celebrate the first Sunday after Labor Day.

## Brainteaser

Question: I appear once in summer and twice in autumn, but I don't appear in any other season of the year. What am I?

Answer: The letter U.

## September 2025



## Age Doesn't Matter

"Age is something that doesn't matter, unless you are a cheese." —Billie Burke

## Acorns Aplenty

With their familiar brown caps, acorns are the falling fruit of the oak tree. During late summer and early fall, the trees drop the nuts, and squirrels are often seen happily hoarding them. When there's a bumper crop of acorns, it's known as a mast year. Chipmunks, birds, deer and other wildlife that depend on the nutritious nuts can't eat all of them, leaving the excess acorns to grow into new oak trees.





September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>HAPPY LABOR DAY!</div>	<div>Labor Day</div> <div>10:00 Chair Yoga 10:30 Daily Devotional 3:00 Social Hour 4:00 Puzzles</div>	<div></div> <div>10:00 Balance Exercises 10:30 Devotional Time with Tammy 2:00 BINGO 3:00 Social Hour 4:00 Scrabble</div>	<div></div> <div>10:00 Daily Stretches 10:30 Daily Devotional 2:00 Wine Time 3:00 Social Hour 4:00 Art-Coloring</div>	<div></div> <div>10:00 Core Exercises 10:30 Daily Devotional 11:00 Music with Donny 1:00 All Around the World event 3:00 Social Hour</div>	<div></div> <div>9:30 SHOPPING TRIP 10:00 Chair Yoga 10:30 Daily Devotional 12:00 National Cheese Pizza Day! 2:00 Coffee Talk with Susan 3:00 Social Hour 4:00 Dominos</div>	<div></div> <div>10:00 Daily Stretches 11:30 Self-Directed Art 3:00 Social Hour 4:00 Scrabble</div>
<div></div> <div>10:00 Daily Stretches 10:30 Church at Brook Highlands Service, via Streaming 11:30 Self-Directed Art 2:00 Bible Study with Dan 3:00 Social Hour</div>	<div></div> <div>10:00 Chair Yoga 10:30 Daily Devotional 2:00 Snack Attack with Amber 3:00 Social Hour 4:00 Scrabble</div>	<div></div> <div>10:00 Balance Exercises 10:30 Devotional Time with Tammy 2:00 BINGO 3:00 Social Hour 4:00 Dominos</div>	<div></div> <div>10:00 Daily Stretches 10:30 Daily Devotional 2:00 Wine Time 3:00 Social Hour 4:00 Bananagram Game</div>	<div></div> <div>10:00 Core Exercises 10:30 Daily Devotional 11:00 Music with Donny 2:00 Menu Committee with Culinary 3:00 Social Hour 4:00 Checkers or Chess</div>	<div></div> <div>9:30 SHOPPING TRIP 10:00 Chair Yoga 10:30 Daily Devotional 2:00 BINGO 3:00 Social Hour 4:00 Ring Toss game</div>	<div></div> <div>10:00 Daily Stretches 11:30 Self-Directed Art 3:00 Social Hour 4:00 Puzzles</div>
<div></div> <div>10:00 Daily Stretches 10:30 Church at Brook Highlands Service, via Streaming 11:30 Self-Directed Art 2:00 Bible Study with Dan 3:00 Social Hour</div>	<div></div> <div>10:00 Chair Yoga 10:30 Daily Devotional 2:00 Guest Speaker Pam Bainter - Hoover Library 3:00 Social Hour 4:00 Dominos</div>	<div></div> <div>10:00 Balance Exercises 10:30 Devotional Time with Tammy 2:00 BINGO 3:00 Social Hour 4:00 Charades Game</div>	<div></div> <div>10:00 Daily Stretches 10:30 Daily Devotional 2:00 Musical Guest: Basement Band 3:00 Social Hour 3:00 Wine Time 4:00 Checkers or Chess</div>	<div></div> <div>10:00 Core Exercises 10:30 Daily Devotional 11:00 Music with Donny 2:00 Book Mobile in Lobby 3:00 Social Hour</div>	<div></div> <div>9:30 SHOPPING TRIP 10:00 Chair Yoga 10:30 Daily Devotional 2:00 QUESO PARTY 3:00 Social Hour 4:00 Puzzles</div>	<div></div> <div>10:00 Daily Stretches 11:30 Self-Directed Art 3:00 Social Hour 4:00 Scrabble</div>
<div></div> <div>10:00 Daily Stretches 10:30 Church at Brook Highlands Service, via Streaming 11:30 Self-Directed Art 2:00 Bible Study with Dan 3:00 Social Hour</div>	<div></div> <div>10:00 Chair Yoga 10:30 Daily Devotional 2:00 Karaoke 3:00 Social Hour 4:00 Bananagram Game</div>	<div></div> <div>10:00 Balance Exercises 10:30 Devotional Time with Tammy 2:00 BINGO 3:00 Social Hour 4:00 Checkers or Chess</div>	<div></div> <div>10:00 Daily Stretches 10:30 Daily Devotional 2:00 Resident Council Meeting 3:00 Wine Time 4:00 Ring Toss game</div>	<div></div> <div>10:00 Core Exercises 10:30 Daily Devotional 11:00 Music with Donny 2:00 Celebrate September Birthdays 3:00 Social Hour 4:00 Puzzles</div>	<div></div> <div>9:30 SHOPPING TRIP 10:00 Chair Yoga 10:30 Daily Devotional 2:00 BINGO 3:00 Social Hour 3:00 Social Hour 4:00 Scrabble</div>	<div></div> <div>10:00 Daily Stretches 11:30 Self-Directed Art 3:00 Social Hour 4:00 Puzzles</div>
<div></div> <div>10:00 Daily Stretches 10:30 Church at Brook Highlands Service, via Streaming 11:30 Self-Directed Art 2:00 Bible Study with Dan 3:00 Social Hour</div>	<div></div> <div>7:30 National Coffee Day! 10:00 Chair Yoga 10:30 Daily Devotional 11:30 Lunch outing, Cracker Barrel 2:00 Art-Craft 3:00 Social Hour 4:00 Checkers or Chess</div>	<div></div> <div>10:00 Balance Exercises 10:30 Devotional Time with Tammy 2:00 BINGO 3:00 Social Hour 4:00 Ring Toss game</div>		<div></div> <div></div>	<div></div> <div>*Any outing is weather permitting and will be rescheduled ASAP if we are unable to attend.</div>	





## School Tools

Pencils, pens, paper and paint—students use these items and more in school. Study this list to see when some school supplies were newcomers to the classroom.

Years	School Supplies
1850s	Prang watercolor sets
1900s	Crayola crayons
1940s	Pee-Chee pocket folders
1950s	Metal lunchboxes featuring characters
1960s	Spiral notebooks
1970s	Pocket calculators
1980s	Trapper Keeper binders
2000s	Laptop computers
2010s	Tablet computers

# “This Month In History” SEPTEMBER

- 1846:** German astronomer Johann Galle first observes the planet Neptune.
- 1957:** The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.
- 1965:** Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige

- was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.
- 1966:** The sci-fi TV series “Star Trek” premieres, inviting audiences “to boldly go where no man has gone before.”
- 1972:** Bobby Fischer defeats Boris Spassky in “the match of the century” to become the world chess champion. Fischer was only 29 years old.
- 1984:** Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.
- 1986:** “The Oprah Winfrey Show” debuts nationwide, running until May 25, 2011.
- 1998:** Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.